Duke Women’s Health

- INNOVATIVE TREATMENTS
- MENOPAUSE AND MIDLIFE MANAGEMENT
A drop in estrogen levels often associated with menopause and other conditions can cause uncomfortable and sometimes painful dryness and thinning of the vaginal walls.

A non-invasive laser treatment option is available and may offer relief for vaginal dryness and other symptoms related to menopause.
Who is a candidate for the procedure?

- Women who are **perimenopausal and post-menopausal**

- Women with **breast cancer who experience vaginal dryness following chemotherapy or hormone therapy**, which can affect estrogen production.
What is the laser treatment process?

• A series of **3-4 laser sessions is required**.

• The sessions, which are scheduled about 6 weeks apart, use an FDA-approved technology and **take about 5 minutes to complete**.

• During the procedure, the laser makes tiny scratches on the **vaginal wall**.

• This stimulates the growth of new blood vessels and improves the production of elastin and collagen to **restore vaginal walls**.
Laser Treatment for Vaginal Dryness & Menopause Symptoms Offered at Duke

**NON-SURGICAL in the comfort of the office**
The procedure is performed in the office during a routine outpatient appointment.

**A CONVENIENT PROCEDURE that fits in your schedule**
The procedure is elective. No referral needed and can be scheduled at your convenience.
Laser Treatment for Vaginal Dryness & Menopause Symptoms Offered at Duke

A FAST, SIMPLE PROCEDURE that you can trust

Laser sessions are less than 5 minutes utilizing proven technology that’s embraced by experts in female pelvic health.

CONTINUE LIVING your life

Most patients resume their routines within a few days of the procedure and side effects are typically mild or unnoticeable in most cases. For a full list of warnings and indications, visit smilemonalisa.com.
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THANKFUL for options

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Procedure offered by Susann Clifford, MD
Obstetrician/Gynecologist

Duke Women's Health Associates at Patterson Place
5324 McFarland Drive, Suite 300
Durham, NC 27707
919-687-4688
Dr. Camille Moreno is a North American Menopause Society Certified Menopause Practitioner (NCMP)

Her clinical practice is dedicated to an interdisciplinary women’s health practice focusing on:

• The care of midlife women as it relates to menopause, perimenopause and hormone therapy

• Surgical or radiation-induced Menopause

• Use of bioidentical hormone therapy

• Midlife weight management

APPOINTMENTS:
Visit dukehealth.org to learn more and make an appointment with Dr. Moreno and other Duke Ob/Gyn Providers